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## Westlake Baseball Tradition

*Here at Westlake High School, we are excited and proud of our baseball program. This past season we were ranked #5 in the state. In 2007, 2008, and 2009 we were SWC runner-up and in 2006 SWC Champs. We have made it to district play eleven times over the last 15 seasons. In 1996 and 1999 we were regional qualifiers. We have produced 14 winning seasons over the past 15 years.*



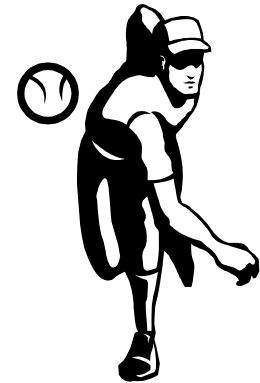
Sponsored by:  
Westlake Baseball League

Coach Jeff Short  
C/O Coach Brendan Zepp  
Westlake High School  
27830 Hilliard Ave.  
Westlake, Ohio, 44145



## DEMON BASEBALL PITCHERS AND CATCHERS CAMP

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*For: 4th, 5th, 6th, 7th, and 8th  
Grade Boys (09-10 School Year)  
Location: WHS Baseball Fields  
Time: 9 - 11:00  
Dates: June 28-30th  
Limited  
Enrollment: First 60 Paid  
Participants*

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# Information About Our Pitchers and Catchers Camp

I would like to invite you to our Pitchers and Catchers Camp at the outdoor playing facilities at Westlake High School. Along with our All Skills Camp, this camp will provide an opportunity for you to work exclusively on the skills of pitching and catching. This camp will improve the pitching and catching skills of players by using a variety of different drills and exercises.



Our Camp will provide the players with full use of both the varsity and junior varsity fields and bullpen areas. WHS baseball staff, WHS varsity players, and area high school coaches will serve as instructors, along with guest speakers. Camper to coach ratio will run between 8:1 and 6:1 depending on camper attendance.

I look forward to having the opportunity to work on improving your skills.

Coach Jeff Short

## Pitching Fundamentals to be

### Taught:

Wind-up Mechanics	Pitch Sequence
Pick-off Moves	Stretch Mechanics
Fielding Drills	Different Ball Grips
Mental Aspects	In and Off Season Conditioning
Infield Situations	

## Catching Fundamentals to be

### Taught:

Stance	Throwing
Blocking	Framing
Tags	Pop-ups
Pickoffs	Fielding Bunts
Mental Aspect	

## What to Bring:

Camper's need to bring the following each day:

- Pitchers: Glove, Cleats and tennis shoes
- Catchers: Glove, **Cup**, Cleats, tennis shoes, and equipment ( shin guards, chest protector, and mask will be provided for those who do not own their own.)

## Registration

Sign up for: Pitchers and Catchers Camp	Time	Cost:
<input type="checkbox"/> Pitchers and Catchers Camp Grades 4-8	June 28-30 9-11:00	\$65.00 (Includes t-shirt)

Please Make \$65 check payable to: "Westlake Baseball league"

**Registration  
Deadline: June 14**

**Any registrants past June 14  
may not receive a t-shirt**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Phone

T-Shirt Size:    S   M   L   XL    Adult or Youth (circle one)

Current Grade: \_\_\_\_\_

**Release form:** I attest that my son is physically fit and have no knowledge of any physical condition that would be affected by his participation in this camp. I understand that my son's participation shall be undertaken at his own risk and I waive and release the camp staff from any and all liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please send check along with  
registration and release form to:**

**Brendan Zepp  
Westlake High School  
27830 Hilliard Ave.  
Westlake, OH, 44145**

For more information regarding the camp, please contact Brendan Zepp at:  
Phone: 899-3075; ext: 2109  
Email: zepp@wlake.org